

Before we set out a few examples of *koach hatziyur* – visualization – of facts we know to be true regarding our relationship with the One Who Alone will decide whether or not to grant us with whatever it is we are attempting to gain through *bitachon*, it would be prudent to clear up a basic question: If Hashem truly loves us so greatly, has taken care of all our needs since before we were born, greatly desires to grant our present request and it is so easy for Him to do so, then why wouldn't He just do it? Why must we focus and visualize all these facts in order to benefit from them?

To answer this, we must explain a basic law Hashem has established in how He runs His world.

*As is known the Creator blessed be His name constantly supervises over every person and all the details of their life. And however much a person turns his heart towards Hashem, that is the extent to which Hashem supervises over Him, [Important note: It is one of the basic tenants of Judaism that there is absolutely nothing that happens in the entire universe without Hashem knowing about and actively willing it to happen. "Divine supervision" only refers to the extent which Hashem involves Himself to change what will transpire in this world from *derech hateva* – the natural order of how Hashem usually runs the world.] As the medrash on the pasuk, "Hashem is your shadow" states: **Just as a shadow, when you show it one finger – it shows you one finger, and if you show it your whole hand – it shows the whole hand, so too Hashem, as much as one shows, so too he is shown.**" (Rav Zundel Mi'Salant in a letter to his son)*

This explains why we must focus upon the truths that strengthen our belief that Hashem will grant our requests that we mentioned above, **for despite these facts being true regardless of our focus upon them, Hashem's running of His world based upon these facts is relative to the extent to which we focus upon them.**

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